

SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY

SAULT STE. MARIE, ONTARIO



Sault College

COURSE OUTLINE

COURSE TITLE: OUTDOOR RECREATION

CODE NO. : NRT210 **SEMESTER:** 4

PROGRAM: PARKS & OUTDOOR RECREATION TECHNICIAN

AUTHOR: JASON VANSLACK

DATE: JAN 2000 **PREVIOUS OUTLINE DATED:** N/A

APPROVED:

	_____	_____
	DEAN	DATE

TOTAL CREDITS: 3

PREREQUISITE(S): NONE

LENGTH OF COURSE: 3 hrs\week x 16 weeks **TOTAL CREDIT HOURS:** 3

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For additional information, please contact Joe Fruchter, Dean
School of Business, Hospitality and Natural Resources
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I. COURSE DESCRIPTION:

As a companion course to Adventure Expeditions (NRT214), students will learn selected “hard skills” necessary to work in the outdoor recreation field. The semester will involve a series of outdoor education workshops focussed on expanding student knowledge of outdoor recreational programming for both children and adult groups. This is a specific skills-oriented course, where students will be trained to work as Recreational Programmers and Instructors, for work with a variety of different employers including: parks, outdoor education centers, children’s camps, recreational resorts, and a host of other related facilities. As one of the major course projects, students will plan and deliver a 1 ½ hour campfire program for the local Girl Guides Organization. Field trips and hand-on experience focussing on experiential learning will be stressed. Topics will include: employment opportunities in outdoor recreation, children’s campfire programming, experiential education, dog sledding, snow mobiling, snow shoeing, winter camping, nordic skiing, alpine skiing, snowboarding, rock & ice climbing, and canoeing. As part of this course, students will have the opportunity to obtain their ORCA Basic Instructor (B.I.) certification through the Ontario Recreational Canoeing Association.

II. LEARNING OUTCOMES AND ELEMENTS OF THE PERFORMANCE:

Upon successful completion of this course, the student will demonstrate the ability to:

1. Plan and deliver formal campfire programs for children and family audiences.**Potential Elements of the Performance:**

- Understand and explain the basic structure of a typical campfire program
- Develop and deliver a 1 ½ hour presentation to a group of 20 Girl Guides
- Describe the various types of games and activities commonly associated with this type of programming
- Explain and demonstrate the importance of enthusiasm, creativity, and good oral communication when entertaining such groups

2. Explain the typical sources of employment within the outdoor recreation field.

Potential Elements of the Performance:

- Describe the various types of positions within Ontario's children's camps and other outdoor facilities, and the qualifications required for each of these different positions
- Explain the different opportunities available for recreation business development, in working as a provider of instructional courses
- Describe the typical certifications required for Recreational Instructors, and the liability coverage one should hold for conducting instructional courses

3. Describe, from experience, the variety of winter opportunities for outdoor recreational programming.

Potential Elements of the Performance:

- Explain the major operational components of three local ski resorts, and the different types of activities that can occur at these facilities
- Demonstrate a number of newly acquired skills learned throughout this course, such as: nordic skiing, alpine skiing, and snowboarding
- Describe how outdoor recreational programming fits into the adventure tourism business

4. Instruct (and potentially certify) groups of children and adults in the art of basic canoeing.

Potential Elements of the Performance:

- Describe and demonstrate safe paddling procedures, such as: artificial respiration, retrieving a swamped canoe, canoe over canoe rescue, and shoreline rescues
- Explain basic theoretical knowledge of canoeing in Canada, such as: canoeing heritage, selection and care of equipment, equipment knowledge, canoe design and construction, and canoeing dynamics
- Display reasonable competence in tandem and solo canoe paddling, performing skills such as: pivots, sideways displacement, circles, and landings

III. TOPICS:

1. Introduction to Outdoor Recreation

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2. Children's Campfire Programming
3. Experiential Education
4. Dog Sledding
5. Snowmobiling
6. Snowshoeing
7. Winter Camping
8. Nordic Skiing
9. Alpine Skiing
10. Snow Boarding
11. Rock & Ice Climbing
12. Canoeing

NOTE: (Instructor certification potentially obtained through additional work and costs outside regular scheduled class)

IV. REQUIRED RESOURCES/TEXTS/MATERIALS:

Ontario Recreational Canoeing Association. 1997. *ORCA Basic Canoeing Program: Instructor's Manual*. Ontario Recreational Canoeing Association. North York, Ontario.

V. EVALUATION PROCESS/GRADING SYSTEM:

Campfire Program Plan	10%
Children's Campfire Program (Group Presentation - 1½ hours)	30%
Field Trip \ Guest Speaker Quizzes (6 x 5%)	30%
ORCA Canoeing Safety – 3 hour Evening Pool Session	10%
Class Presentation #1: ORCA Canoeing Theory (10 min.)	10%
Class Presentation #2: ORCA Canoeing Skills (10 min.)	<u>10%</u>
	100% Total

<u>Grade</u>	<u>Definition</u>	<u>Grade Point Equivalent</u>
A+	90 - 100%	4.00

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A	80 - 89%	3.75
B	70 - 79%	3.00
C	60 - 69%	2.00
R (Repeat)	59% or below	0.00
CR (Credit)	Credit for diploma requirements has been awarded.	
S	Satisfactory achievement in field placement or non-graded subject areas.	
U	Unsatisfactory achievement in field placement or non-graded subject areas.	
X	A temporary grade. This is used in limited situations with extenuating circumstances giving a student additional time to complete the requirements for a course (see <i>Policies & Procedures Manual – Deferred Grades and Make-up</i>).	
NR	Grade not reported to Registrar's office. This is used to facilitate transcript preparation when, for extenuating circumstances, it has been impossible for the faculty member to report grades.	

VI. SPECIAL NOTES:**Special Needs:**

If you are a student with special needs (e.g. physical limitations, visual impairments, hearing impairments, or learning disabilities), you are encouraged to discuss required accommodations with your instructor and/or the Special Needs office. Visit Room E1204 or call Extension 493, 717, or 491 so that support services can be arranged for you.

Retention of course outlines:

It is the responsibility of the student to retain all course outlines for possible future use in acquiring advanced standing at other postsecondary institutions.

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Plagiarism

Students should refer to the definition of “academic dishonesty” in *Student Rights and Responsibilities*. Students who engage in “academic dishonesty” will receive an automatic failure for that submission and/or such other penalty, up to and including expulsion from the course, as may be decided by the professor. In order to protect students from inadvertent plagiarism, to protect the copyright of the material referenced, and to credit the author of the material, it is the policy of the department to employ a documentation format for referencing source material.

The Professor reserves the right to change the information contained in this course outline depending on the needs of the learner and the availability of resources.

Substitute course information is available in the Registrar's office.

Course Policies:

1. Students will have to attend a ***mandatory 3 hour evening pool session*** on a Sunday in March, to fulfill the ORCA Canoeing Safety requirements of the course. Students missing this session will automatically be ***penalized 10%*** of their overall course mark.
2. Students will spend a ***mandatory two full days of practical canoe instructing*** at Kinsmen Park or other open water area. This will occur on a Thursday and Friday in April, and is done to fulfill the ORCA Canoeing Skill requirements of the course. Students missing this session will automatically be ***penalized 10%*** of their overall course mark.

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3. In order to complete the ORCA Basic Instructor Canoeing certification program, students will be required to take and pay for an additional two days of canoe training outside of regular class time (***optional***). This will be an organized event with a local instructional company, occurring on the first or second weekend in April. Cost for this additional training is approximately \$80.00 inclusive (ie: \$70.00 for ORCA manual + \$80.00 for additional training = ***\$150.00 total for Basic Instructor certification***).
4. Please note that the average registration fee (not including travel time, gas, food, and accommodation costs) for the ORCA Basic Instructor Canoeing certification course is ***\$700.00***. Total cost for this certification is typically around ***\$900.00***, depending on the location of the course.
5. All other field trips occurring during this course are ***mandatory***. Students missing a field trip without prior consent of the instructor or without good reason will be ***penalized 5%*** of their overall course mark, per trip.

VII. PRIOR LEARNING ASSESSMENT:

Students who wish to apply for advanced credit in the course should consult the instructor. Credit for prior learning will be given upon successful completion of the following:

VIII. DIRECT CREDIT TRANSFERS:

Students who wish to apply for direct credit transfer (advanced standing) should obtain a direct credit transfer form from the Dean's secretary. Students will be required to provide a transcript and course outline related to the course in question.

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